

Scientific References

1. Hydraulic Flow Pathway and P2X1 Purinoceptors
<https://www.auajournals.org/doi/10.1016/j.juro.2009.01.002>
2. Stinging Nettle and Smooth Muscle Relaxation
<https://www.frontiersin.org/journals/pharmacology/articles/10.3389/fphar.2022.951963/full>
3. Tongkat Ali Testosterone Enhancement
<https://pubmed.ncbi.nlm.nih.gov/24521101/>
4. Epimedium and PDE5 Inhibition
<https://onlinelibrary.wiley.com/doi/abs/10.1111/jsm.12457>
5. Saw Palmetto and Nitric Oxide Production
<https://pure.johnshopkins.edu/en/publications/erectile-hydraulics-maximizing-inflow-while-minimizing-outflow-3>
6. Wild Yam and NO/cGMP Signaling
<https://pmc.ncbi.nlm.nih.gov/articles/PMC7108995/>
7. Boron and Testosterone Optimization
<https://pubmed.ncbi.nlm.nih.gov/21129941/>
8. Sarsaparilla and Vascular Health
<https://www.nature.com/articles/s41467-023-39009-z>
9. Erectile Dysfunction Prevalence Studies
<https://www.auajournals.org/doi/10.1016/j.juro.2009.01.002>
10. Ancient Populations and Sexual Health
<https://pmc.ncbi.nlm.nih.gov/articles/PMC9294450/>
11. Pharmaceutical ED Drug Side Effects
<https://www.auajournals.org/doi/10.1097/01.ju.0000075362.08363.a4>
12. Natural vs Synthetic Testosterone
<https://pmc.ncbi.nlm.nih.gov/articles/PMC3870707/>
13. Hydraulic Pressure Valve Mechanisms
<https://pmc.ncbi.nlm.nih.gov/articles/PMC1351051/>

14. Roman Archaeological Health Studies

[https://www.auanet.org/guidelines-and-quality/guidelines/erectile-dysfunction-\(ed\)-guideline](https://www.auanet.org/guidelines-and-quality/guidelines/erectile-dysfunction-(ed)-guideline)

15. Botanical Extracts and Sexual Function

<https://pubmed.ncbi.nlm.nih.gov/24297884/>

16. Modern ED Treatment Failures

<https://www.frontiersin.org/journals/endocrinology/articles/10.3389/fendo.2024.1412369/full>

17. Ancient Medicine and Modern Applications

<https://academic.oup.com/jsm/article/21/4/296/7614307>

18. Cardiovascular Health and ED

<https://pubmed.ncbi.nlm.nih.gov/38410029/>

19. Hormonal Optimization Studies

<https://pmc.ncbi.nlm.nih.gov/articles/PMC11608024/>

20. ED Epidemiology Research

<https://www.bumc.bu.edu/sexualmedicine/physicianinformation/epidemiology-of-ed/>

21. Natural Compound Efficacy

<https://pmc.ncbi.nlm.nih.gov/articles/PMC5503428/>

22. Male Sexual Health Guidelines

<https://www.ncbi.nlm.nih.gov/book/NBK562253/>

23. Botanical Safety Profiles

<https://www.nature.com/articles/s41598-023-48778-y>

24. Age-Related Sexual Dysfunction

<https://www.statista.com/statistics/1551761/erectile-dysfunction-prevalence-us-men-age/>

25. Vascular Function and Erections

<https://www.nature.com/articles/3900567.pdf>

26. ED Treatment Cost Analysis

<https://www.goodrx.com/conditions/erectile-dysfunction/ed-and-age-connection>

27. Long-term Sexual Health Outcomes

<https://publichealth.jhu.edu/2007/selvin-erectile-dysfunction>